

Godly Family Training
Spiritual Food Intake
(Themes and Lands of Character Qualities)

Part 3



1. Parents, your goal is to **first** gather your food from God's word and spiritually **eat** it.
2. One way to gather your food and store it is through some type of study system. (Notebook)
3. The purpose for storing your food is so you can have some later.
4. Your study system can be like a refrigerator that keeps food fresh.
5. One portion of your study system should include daily reading.
6. The food you receive from your daily reading will be a **portion** of what you will feed your children. (Deuteronomy 32:46-47)

7. **From your daily reading efforts, you can include "Theme Building".**
8. These themes are to be given to your children in the morning and evening.
9. Become theme conscious for you and your children.
10. Allow your children to repeat the daily theme out loud to you.
11. This should be done several times a day and for sure before they go to bed.
12. You can even write or print them on paper and hang them in their room or some other area of the home. (Whatever works for you)
13. **Character qualities can also come from your daily reading efforts. (See link below)**
14. Your **daily reading** along with the **character qualities of Jesus** will assist you in training your children.
15. You can hang character qualities in various parts of your home. (Ceiling, on doors and so on)
16. You can section off certain parts of the home and name them by a specific character quality. I call this "**Lands of Character Qualities**".
17. This idea can even go outside of the home such as the front yard, backyard, and your vehicles.
18. You can write or print these character qualities on paper. (Practice creativity)
19. One important thing is to get your children involved as much as possible in the learning process.
20. The more involved they are the more influential the information. **Allow them to work!**
21. Parents, please realize that you need to live a life of the character qualities of Jesus, so your children have an example to follow. (1 Peter 5:3, examples to the flocks)
22. If we as parents do not give them a demonstration of the life of Jesus to follow, who will they follow as they get older?

23. Parents, your *daily themes* from your *daily* reading and *character* qualities can be utilized on your iPhone ... This will keep everything fresh throughout the day and prevent forgetting.

24. Parents, one objective is to transfer the rhema's you are receiving and give them to your children so they can get their own rhema's.

25. The Bible says in Matthew 4:4 that we are to live on the rhema's given to us by God. "But **he** (Jesus) answered, 'It is written, 'Man shall not live by bread alone, but by every word (*rhema*) that proceeds from the mouth of God.'" RSV

26. **Warning!** Be sure you do not overload your children with information. Apply this material slowly, a little each week but with consistency and joy.

[Click here.](#) (forty-nine-character quality chart)

Scriptures references to consider for spiritual food intake

1 Thessalonians 5:21

21 but test everything; **hold fast** what is good, RSV

Proverbs 4:4

4 he taught me, and said to me, "Let your heart **hold fast** my words; **keep** my commandments, and live; RSV

Psalms 119:4

4 Thou hast commanded thy precepts to be **kept** diligently. RSV

Proverbs 2:1-5

My son, if you **receive** my words and **treasure up** my commandments with you, 2 making your ear attentive to wisdom and inclining your heart to understanding; 3 yes, if you cry out for insight and raise your voice for understanding, 4 if you seek it like silver and search for it as for hidden treasures; 5 then you will understand the fear of the LORD and find the knowledge of God. RSV

Ephesians 4:11-16

11 And his gifts were that some should be apostles, some prophets, some evangelists, some pastors and teachers, 12 to equip the saints for the work of ministry, for building up the body of Christ, 13 until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fulness of Christ; 14 so that we may no longer be children, tossed to and fro and carried about with every wind of doctrine, by the cunning of men, by their craftiness in deceitful wiles. 15 Rather, speaking the truth in love, we are to grow up in every way into him who is the head, into Christ, 16 from whom the whole body, joined and knit together by every joint with which it is supplied, when each part is working properly, makes bodily growth and upbuilds itself in love. RSV

Scriptures references to consider for character development

1 Thessalonians 1:5 RSV

5 for our gospel came to you not only in word, but also in power and in the Holy Spirit and with full conviction. You know what kind of men we proved to be among you for your sake.

Romans 5:3-5 (NASB77)

3 And not only this, but we also exult in our tribulations, knowing that tribulation brings about perseverance; 4 and perseverance, **proven character**; and proven character, hope; 5 and hope does not disappoint, because the love of God has been poured out within our hearts through the Holy Spirit who was given to us.

1 Thessalonians 5:12-22 (Loaded with character)

12 But we beseech you, brethren, to respect those who labor among you and are over you in the Lord and admonish you, 13 and to esteem them very highly in love because of their work. Be at peace among yourselves. 14 And we exhort you, brethren, admonish the idlers, encourage the fainthearted, help the weak, be patient with them all. 15 See that none of you repays evil for evil, but always seek to do good to one another and to all. 16 Rejoice always, 17 pray constantly, 18 give thanks in all circumstances; for this is the will of God in Christ Jesus for you. 19 Do not quench the Spirit, 20 do not despise prophesying, 21 but test everything; hold fast what is good, 22 abstain from every form of evil. RSV

